

LACROSSE MIDDLE SCHOOL BOYS RULES

Field Size	Regulation Field - 110'/120' x 60'
Time	(4) 12-Min. running time Quarters; No Horns
Time Outs	(2) time outs per half
Half Time	5-Min.
Clock Stops	Team Timeouts, Injuries, Officials Timeouts, & the last 2 minutes of the Game unless the goal differential is 5 or more
Penalties	Time and a Half; If called during last 2- Min of the Game, straight time
Penalty Timing	Time and a Half, time starts at the subsequent whistle to restart play
Fouling Out	Any player who accumulates 4 personal fouls or 5 minutes in personal fouls penalty time shall be disqualified from the game.
Points Differential (Mercy)	6 or more goals, losing team may request possession vs face-off, See Mercy re 8 goal lead.
6 or 8 goal differential passing (Mercy)	8 goals - Must attempt four (non- consecutive) passes in the box on the offensive side of the field before shooting. Once the ball enters the box it must stay within the box. If it comes out, the losing team gets a free clear at the midfield line. At 2 minutes if the lead is 5 or more, you don't have to stay within the box.
Passing Rules	
After a Goal	Face Off(when not in 'Mercy Rule')
Special Rules	Only three coaches in the coach's box at all times. Coaches are not allowed to come out on the field for any reason with the exception of an injury to one of his players.
Flag Down	A team is not required to keep it in the box during a flag down situation, but can be warned for stalling. Play is not whistled dead until a change of possession occurs, if there is a second penalty, whistle stops play unless a scoring chance is imminent, second foul on team who caused first flag serves both, even if it's a technical foul
Loose Ball	If a ball is loose for longer than 5 seconds AND there are 4 or more players attempting to scoop, the official MAY stop play and award the ball by AP for safety reasons
Scoring	A goal can be scored if the ball is out of the crosse before the horn and it is not touched by another offensive player before crossing the goal line
Coaches	Only the Head Coach can speak to official(s). Coaches can speak to their own players ONLY!
Stick Evaluation	End of each Qtr. Or time outs.
Overtime	Up to (2) 4-Min sudden victory periods
Spectators	Must remain on the opposite side of the field as the Team
Stick Checks	No one-handed or "Ice-Pick" checks/slashes.
Body Checks	Man-Ball and 2/3-step hands down
Count	4s in crease/20s to midline and 10s to get in box
Equipment	All standard boys' equipment required. Goalies are required to wear elbow pads. Mandatory protective cup REQUIRED